**AMSERLEN RHAGBROFION DYDD IAU 02/03/23**

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| **LLEOLIAD** | **Ysgol Trimsaran – Neuadd** | **Ysgol Trimsaran – Dechrau’n Deg** | **Canolfan Hamdden Plas y Sarn, Trimsaran** | **Clwb Rygbi Trimsaran** |
|  | **Cyfeilydd:** Gareth Wyn Thomas**Beirniad:** Sue Hughes | **Beirniad:** Geraint Hughes | **Cyfeilydd:** Awena Owen**Beirniad:** Eifion Thomas | **Beirniad:** Jayne Altham |
| **Unawd Blwyddyn 3 a 4 ‘Der di dere do’ [64]** | **Deuawd Blwyddyn 6 ac iau ‘Rhys’ [8]** | **Cyflwyno Alaw Werin ‘Hen fenyw fach Cydweli’ [19]** | **Llefaru Unigol Blwyddyn 2 ac Iau ‘Gwesty Moethus’ [52]** | **Llefaru Unigol Blwyddyn 5 a 6 ‘Yr hen dy gwag’ [45]** | **Unawd Blwyddyn 2 ac Iau ‘Mr Triongl’ [77]** | **Unawd Blwyddyn 5 a 6 ‘Hydref’ [43]** | **Llefaru Unigol Blwyddyn 5 a 6 (D) ‘Siopa’ [31]** | **Llefaru Unigol Blwyddyn 3 a 4 (D) ‘Fy nheulu i a fi’ [34]** | **Llefaru Unigol Blwyddyn 2 (D) ‘Glaw’ [17]** | **Llefaru Unigol Blwyddyn 3 a 4 ‘Ar ol methu unwaith’ [58]** |
| **Trimsaran** | 09:00 – 09:05 |  |  | 12:00- 12:12 |  | 09:00 – 09:30 | 13:00 – 13:10 |  |  |  |  |
| **Y Felin** | 09:05 – 09:10 |  | 13:45 – 13:50 | 12:13-12:40 | 09:00-09:06 | 09:30 – 09:50 | 13:10 – 13:15 | 10:10-10:20 | 11:20– 11:25 | 12:25– 12:30 | 13:00-13:12 |
| **Ffwrnes** | 09:10 – 10:15 |  |  | 12:41-12:56 | 09:18-09:30 | 09:50 – 10:15 | 13:15 – 13:30 |  |  |  | 13:15-13:57 |
| **Dewi Sant** |  |  | 14:55 – 15:00 | 2:36-2:42 | 11.01-11.10 |  |  |  |  |  | 14:24-14:27 |
| **Gwenllian** | 10:15 – 10:50 |  | 13:50 – 14:00 | 12:57-1:30 | 09:30-9.51 | 10:15 – 10:50 | 13:30 – 13:50 |  |  |  | 14:00-14:03 |
| **Brynsierfel** | 11:05 – 11:10 |  |  | 1:35-1:38 | 09.56 | 11:00 – 11:20 |  |  |  |  | 14:30 |
| **Llangennech** | 11:35 – 12:05 | 13:15 – 13:20 | 14:20 – 14:55 | 1:52-2:35 | 10:15-10.40 | 11:30 – 12:35 | 14:15 – 14:40 |  |  |  | 14:54-15:21 |
| **Yr Hendy** | 12:05 – 12:15 | 13:20 – 13:30 |  |  | 10.40-11.01 | 12:35 – 12:40 | 14:40 – 15:05 |  |  |  | 15:24-15:45 |
| **Parc y Tywyn** | 11:10 – 11:35 |  |  | 1:39-1:51 | 10:00-10:15 | 11:20 – 11:30 | 14:00 – 14:15 |  |  |  | 14:33-14:51 |
| **Pum Heol** | 10:50 – 11:05 | 13:30 – 13:40 | 14:00 – 14:20 | 1:31-1:34 | 09.51-09.56 | 10:50 – 11:00 | 13:50 – 14:00 |  |  |  | 14:15-14:21 |
| **Penrhos** |  |  |  | 2:43-3:00 | 11.10-11.20 |  |  |  |  | 12:20 –12:25 |  |
| **Pembrey** |  |  |  |  |  |  |  | 10:20-10:25 | 11:25-11:30 |  |  |
| **Old Road** |  |  |  |  |  |  |  |  | 11:30-11:35 |  |  |
| **Penygaer** |  |  |  |  |  |  |  | 09:00–09:30 | 11:35 – 11:45 | 12:05 –12:20 |  |
| **Swiss Valley** |  |  |  |  |  |  |  | 09:30-10:10 | 10:30-11:20 | 11:46 –12:04 |  |
| **Y Castell** |  |  |  |  | 09.06-09.18 |  |  |  |  |  | 14:06-14:12 |